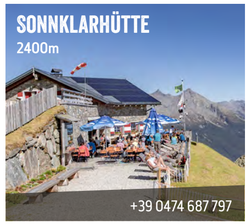
ALMHÜTTEN | MALGHE | HUTS



KLETTERSTEIG | VIA FERRATA

Start/Ziel: Station Speikboden Alm auf 2000m, erreichbar mit der Kabinenbahn | **Partenza/Arrivo:** Stazione Speikboden Alm a 2000m, raggiungibile con la cabinovia | **Start/finish point:** Station Speikboden Alm at 2000m, reachable by cablecar

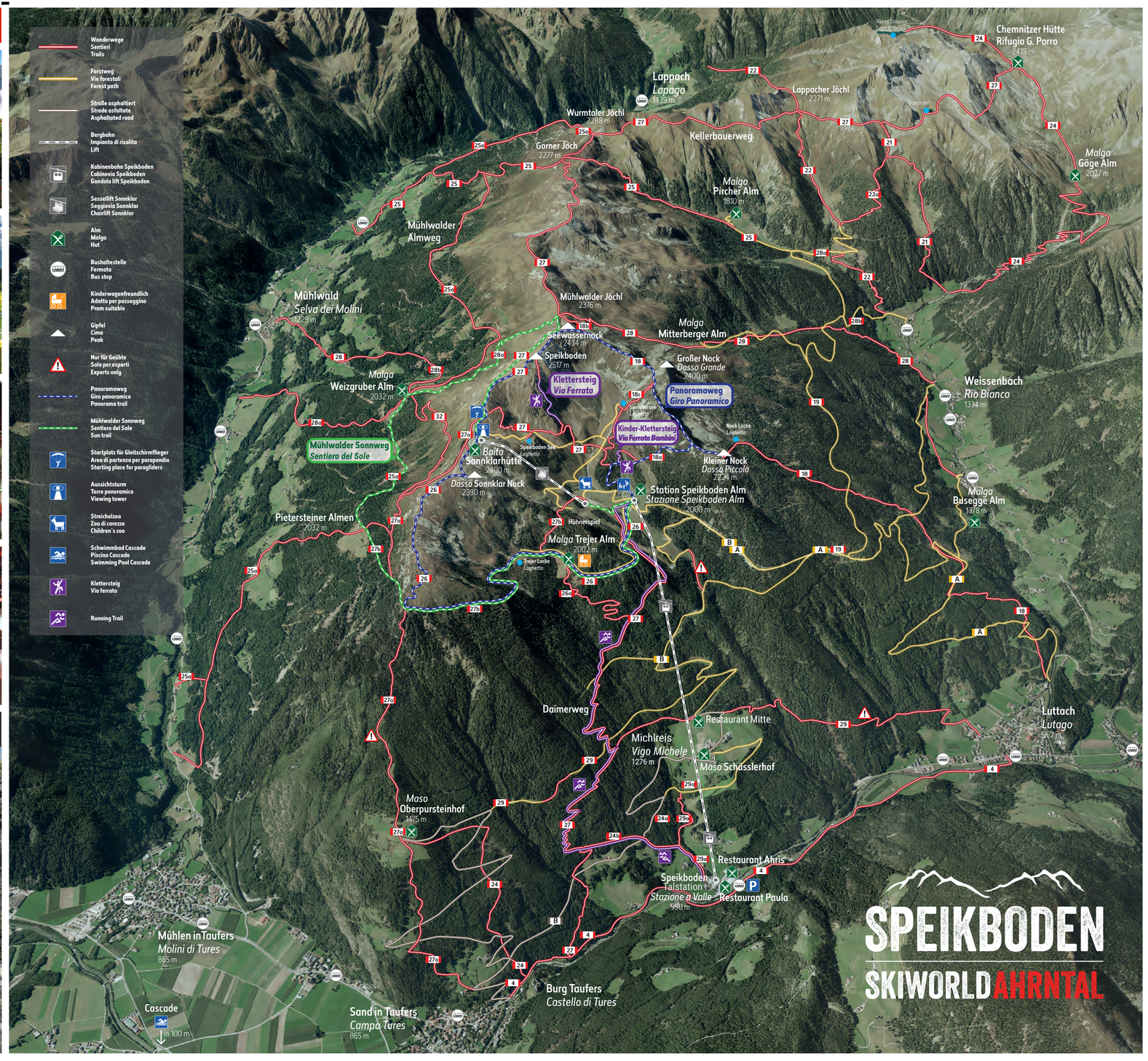
Diff. **Schwierigkeit | Grado di difficoltà | Difficulty:** B/C

Zustieg: 150 Höhenmeter, 40min | **Ingresso percorso:** 150m di dislivello, 40min | **Entrance:** 150m in altitude, 40min

Aufstieg: 350 Höhenmeter, 2h | **Ascesa:** 350m di dislivello, 2 ore | **Ascent:** 350m in altitude, 2 hours

Zeitbedarf insgesamt: mind. 4h | **Durata complessiva:** min. 4 ore | **Time needed in total:** min. 4 hours

Ausrüstung: Klettersteigset, Helm, festes Schuhwerk (Leihausrüstung bei der Station Speikboden Alm)
Attrezzatura: Set Via Ferrata, casco, calzatura da montagna (attrezzatura noleggiabile alla stazione Speikboden Alm)
Equipment: Set Via Ferrata, helmet, solid shoes (rental equipment available at the Station Speikboden Alm)



WANDERROUTEN | ESCURSIONI | HIKING ROUTES

4 h 30 min | +340m/-740m

Start | Partenza: Station | Stazione Speikboden Alm > Sesselift | Seggiovia | Chairlift Sonnklar > Mühlwalder Jöchl > Malga Weizgruber Alm > Pietersteiner Almen > Malga Trejer Alm (Äußere Michlreis Alm) > Station | Stazione Speikboden Alm
Oder in entgegengesetzte Richtung | o in direzione contraria | or in opposite direction

4 h 45 min | + - 625m

Start | Partenza: Station | Stazione Speikboden Alm > Kleiner Nock | Dosso Piccolo > Grosser Nock | Dosso Grande > Speikboden Gipfel | Cima | Summit > Sonnklar Nock | Dosso Sonnklar > Malga Trejer Alm (Äußere Michlreis Alm) > Station | Stazione Speikboden Alm
Oder in entgegengesetzte Richtung | o in direzione contraria | or in opposite direction

SPEIKBODEN SEE

Start | Partenza: Station | Stazione Speikboden Alm

27

1 h | +300m

Start | Partenza: Station | Stazione Speikboden Alm

20 min | -100m

TREJER LACKE

Start | Partenza: Station | Stazione Speikboden Alm

40 min | +110m/-35m | 26

SPEICHERSEE

Start | Partenza: Station | Stazione Speikboden Alm

40 min | +230m | 27 | 18c

SPEIKBODEN GIPFEL 2517m

Start | Partenza: Station | Stazione Sonnklar

30 min | +150m/-35m | 27

SONNKLAR NOCK 2390m

Start | Partenza: Station | Stazione Sonnklar

15 min | +30m/-40m | 26

KLEINER NOCK 2224m

Start | Partenza: Station | Stazione Speikboden Alm

40 min | +225m | 18a